



**NATHAN E. NACHLAS, M.D.**  
PLASTIC AND RECONSTRUCTIVE SURGERY  
OF THE FACE, NOSE AND SINUSES

## **Boca Raton surgeon Dr. Nathan Nachlas first in country to perform in-office, computer-guided balloon sinuplasty**

*Minimally invasive procedure has virtually no downtime*

***“The procedure is life-altering. I feel like a different person.” – Jeffrey Marcus, patient***

BOCA RATON, Fla. – April 3, 2015 — Dr. Nathan Nachlas has become the first physician in the country to perform in-office computer-guided balloon sinuplasty, a minimally invasive procedure that provides substantial relief to people with chronic sinus conditions.

“This is a major medical breakthrough,” said Dr. Nachlas, who has three decades of experience in the areas of advanced sinus surgery, rhinoplasty, and facial plastic and reconstructive surgery. He uses a new device from Medtronic that employs computer guidance to precisely locate the site of the sinus blockage. “No other guidance system comes close to the accuracy achieved in this procedure.”

Patient Jeffrey Marcus is one of 37 million people in the United States affected by sinusitis. The condition is caused by a buildup of disease-causing bacteria and germs. Untreated, chronic sinusitis can cause damage to the sinus, requiring surgery to repair the damage. For relief from his chronic sinusitis, Marcus turned to Dr. Nachlas.

“The procedure is life-altering,” Marcus said of the balloon sinuplasty. Before having the surgery, Marcus was used to wearing a facial mask while sleeping in order to help him breathe better. “Without the procedure, I would have had to wear the mask the rest of my life. Wearing a mask to sleep every night gets old.”

Balloon sinuplasty uses the same general technique cardiologists use to perform angioplasties, Dr. Nachlas said. With the new device, patients can have the surgery under local anesthetic in

Nachlas’s office, saving a good deal of time and money over current procedures.

Balloon sinuplasty is used to treat chronic sinusitis symptoms, which include: facial pain and facial pressure; chronic headaches; chronic discharge from the nose or eyes; loss of the sense of smell; difficulty breathing through the nose; tenderness and swelling around the nose, forehead and eyes; sore throat; bad breath; fatigue; and sleep problems caused by breathing difficulty.

Multiple clinical studies have shown that balloon sinuplasty offers long-lasting relief from these symptoms by opening the sinus cavities to improve breathing and significantly reduce the likelihood of infection.

“Patients are thrilled with the balloon sinuplasty,” said Dr. Nachlas. “The procedure is a game-changer in the world of sinus surgery and the relief patients are pleading for.” Just ask Jeffrey Marcus. “I feel like a different person,” he said.

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*For more information, please call (561) 939-0909.*