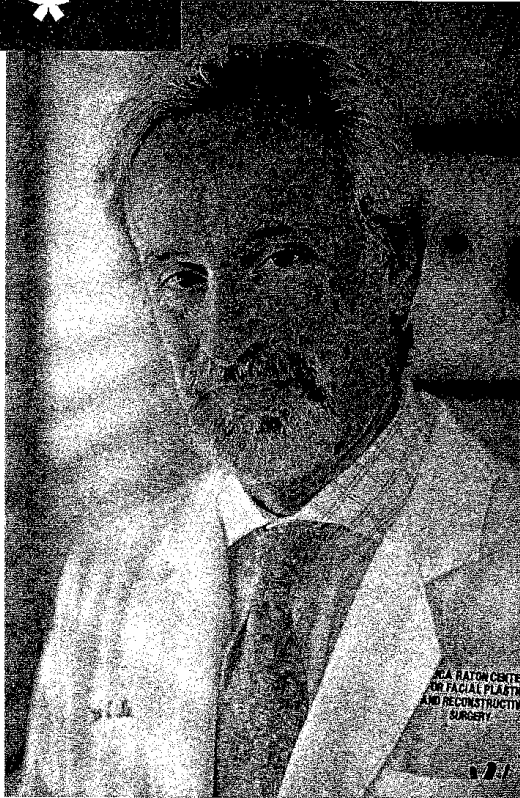


*miracle workers*



***"This is a highly effective procedure for anyone with internal and external nasal issues."***



The total nose approach is a surgical procedure that corrects both internal and external nasal issues simultaneously.

The approach is beneficial for anyone who desires an improved appearance of their nose but who also wants to correct functional issues such as recurrent sinusitis or nasal obstruction.

Addressing aesthetic and functional issues at the same time is less costly than having two separate procedures and results in less anesthetic and less recovery time than two procedures would require.

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**DR. NATHAN E. NACHLAS**

# The Total Nose Approach

**Boca Raton Center for Facial Plastic and Reconstructive Surgery**

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**W**hile doing his training in otolaryngology at Johns Hopkins Hospital, Dr. Nathan Nachlas had a chance to learn a new pioneering technique – endoscopic sinus surgery. As chief resident, he would soon become one of the senior endoscopic sinus surgeons in the country. After leaving Johns Hopkins, Dr. Nachlas received a fellowship in facial plastic and reconstructive surgery with Beverly Hills plastic surgeon Dr. Walter Berman, a specialist in rhinoplasty.

Setting up a facial plastic surgery practice in Boca Raton in 1987, Dr. Nachlas discovered that there were many patients who not only wanted to improve the appearance of their nose but at the same time improve functionality. There were also patients requiring surgery for relief of nasal obstruction or chronic sinusitis who were unhappy with the appearance of their nose. He also recognized that there were few, if any, other physicians trained to do both endoscopic

sinus surgery and rhinoplasty. "At the time, it had become a niche," he said. "Now, 22 years later, it still remains a unique subspecialty."

A specialist in facial surgeries involving the nose, Dr. Nachlas has performed more than 3,000 sino-nasal procedures, helping patients to breathe and sleep better as well as to feel better about their appearance. Utilizing his "total nose approach," Dr. Nachlas is able to help his patient avoid multiple surgeries and the costs and inconveniences that accompany them.

Following outpatient surgery that simultaneously addresses breathing and cosmetic issues, patients are usually able to return to work within five to six days. In addition to a full range of facial surgical procedures, Dr. Nachlas' practice also offers non-surgical procedures, including treatments using Botox and injectable fillers as well as aesthetic services to address issues such as sun damage, rosacea and premature aging and wrinkles.